Inventorization on Ethnomedicinal Plants in Vizianagaram District, Andhra Pradesh

M.V. Vidyullatha, Ch. Muralikrishna, Ch. Sowmitri and S. B. Padal*

Department of Botany, Andhra University, Visakhapatnam 530 003, Andhra Pradesh, India

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ABSTRACT Intensive field surveys were carried out during 2020-2021 in the interior tribal pockets of Gummalakshimipuram agency area, Vizianagaram district in Andhra Pradesh, India. The present study deals with 102 species of plants belonging to 89 genera, which belong to 37 families and are used by various tribal groups. The tribal people of this area largely depend on herbal medicines, plant products for primary healthcare and their daily life. These plants are primarily used to cure 42 different diseases by the tribes of these regions.

INTRODUCTION

The study about the traditional medicines of the aboriginals is ethnomedicine. Knowledge of ethnomedicine much older than human civilisation. It is a part of customs and tradition of a specific community and now being considered as an accounted wealth of a new source of wisdom. Recently prospects of ethnomedicine are increasing mainly because of the renewed interest in indigenous drugs especially the tribal medicine. Some recent notable work on ethnomedicine in Andhra Pradesh includes the ethno medico-botanical studies of Paderu and Araku valley in Andhra Pradesh reported (Gupta et al. 1997) and some ethnomedicinal plants used by the Chenchus, Yerukalas, Yanadis, and Sugalis for fevers and anthrax in cattle in hills of Cuddaph district (Reddy et al. 1997). Also, some ethnomedicinal plants used for paralysis by Sugali tribes in Andhra Pradesh (Rajasekhar et al. 1997) and studies on medicinal plants of Warangal and Srikakulam district (Hemadri 1990, 1991) and also other significant contribution on ethnomedicine of Northern Andhra Pradesh (Reddy et al.1998; Hema and Yasodamma 2008; Nazaneen and Shali 2008; Satyavathi et al. 2014a, b; Padal et al. 2014; Rao et al. 2014; Roja et al. 2014; Satyavathi et al. 2015; Padal et al. 2015 a, b; Shyamala et al. 2016).

Objectives of the Study

A major focus of the investigation is to collect, identify, and document plants commonly used in ed in 2020 and 2021 covering all seasons. Specimens were prepared into herbariums according to the methods described by Jain and Rao (1977). As a result of a critical examination of different floras, such as the Flora of the Presidency of the

*Address for correspondence: E-mail: sbpadal08@gmail.com tribal communities, conduct an intensive exploration study to gain first hand information from tribal practitioners, and conduct taxonomic and systematic analysis on plants that yield drugs.

Study Area

Gummalakshmipuram tribal region is a village panchayat located in the Vizianagaram district of Andhra Pradesh state in India. The latitude 18.1331583 and longitude 83.4260318 are the geocoordinates of the Gummalakshmipuram region. The population of Mandal is 47,265 living in 9,877 houses, in a total of 165 villages and 28 panchayats. The tribal region of the district comprises mainly of Jatapu, Savara, Gadaba, Konda Dora and Mukadora tribes among them, in which the Jatapus and Savaras were predominant. They practice podu cultivation followed via horticulture and minor forest produce collection. Due to the fact that maximum of the earlier generations are illiterate, they are least inquisitive about the education of their children and they are recommended to take part in goat or sheep rearing and tending mulch farm animals and buffalos (Fig. 1).

MATERIAL AND METHODS

A comprehensive field survey was conduct-Madras (Gamble and Fischer 1915-1936), the researchers were able to identify the collected specimens, including the Flora of the Vizianagaram





Fig. 1. Study area

District (Venkaiah 2004) and the Flora of Visakhapatnam District (Rao and Kumari 2002-2008). The botanical specimens were deposited with the Botany Department Herbarium (BDH) of the Andhra University, Visakhapatnam.

RESULTS AND DISCUSSION

There has been a lot of research done on medicinally useful plant species that are exploited by the tribal population during exploration trips. 102 plant species have been identified and categorised into 89 genera and 37 families. The family wise analysis of ethnomedicinal data revealed that of the 37 families, the dominant ones are Fabaceae represented by 9 species (8.82%) followed by Caesalpiniaceae with 7 species (6.86%), Apocynaceae and Asclepiadaceae with 6 species each (5.88% each), Asteraceae, Euphorbiaceae, Rubi-

aceae with 5 species each (4.90% each), Anacardiaceae and Lamiaceae with 4 species each (3.92% each), and Acanthaceae, Amaranthaceae, Araceae, Combretaceae, Mimosaceae, Moraceae, Zingiberaceae and Solanaceae with 3 species each (2.94% each) constituting 73.53 percent of the total families. Based on this study, it is evident that the local people used herbs (38.24%), followed by trees (36.27%), climbers (12.75%), shrubs (11.76%), and parasites (0.98%) (Table 1). A root is the most commonly used plant part for medicinal purposes depending on the plant (30.39%) followed by leaf (19.61%), tuber (13.73%), whole plant (7.00%), seed (4.90%), fruit (3.92%), root bark (3.92%), flowers (2.96%), latex (2.96%), rhizome (2.11%), stem (2.96%), gum (2.96%), inflorescence (2.96%) and plant (0.98%). Intensive survey and repeated personal interviews in different pockets resulted in coming across 42 dis-

Table 1: Ethnomedicinal plants used by tribes of Vizianagaram District

G. Sp	. Botanical/Family name	Common name	Habit	Parts	Disease
	Acanthaceae				
	Andrographis paniculata (Burm.f.) Nees	Neelavemu	Herb	Stem	Asthma
	Elytraria acaulis (L.f.) Lindau	Kukkapan	Herb	Root	Anasarca
	Justicia adhatoda L.	Addasaramu	Shrub	Leaf	Cough
	Adiantaceae				U
	Adiantum lunulatum Burm. f.	Gatumandu	Herb	Leaf	Abortion
	Hemionitis arifolia (Burm. f.) T. Moore	Ramabanam	Herb	Plant	Digestive toni
	Alangiaceae				8
	Alangium salviifolium (L.f.) Wangerin	Uduga	Tree	Leaf	Rheumatism
	Amaranthaceae	8			
	Achyranthes aspera L.	Uttareni	Herb	Seed	Mental cases
	Aervalanata (L.) Juss.	Pindikura	Herb	Root	Headache
	Amaranthus spinosus L.	Mullathotakura	Herb	Root	Dyspepsia
	Anacardiaceae	Manamotakara	11010	Root	Бузрерзій
0	Buchanania lanzan Spreng.	Sarepappu	Tree	Stem bark	Boils
1		Gumpena	Tree	Stem bark	Cuts
2	Lannea coromandelica (Houtt.) Merr.	Mamidi	Tree	Gum	Boils
3	Mangifera indica L.		Tree		
3	Semecarpus anacardium L.f.	Nallajeedi	Tree	Seed	Swellings
4	Annonaceae	C:41	Т	D4	A 1
4	Annona squamosa L.	Sitapalam	Tree	Root	Abortion
5	Polyalthia cerasoides (Roxb.) Bedd.	Asoka	Tree	Gum	Chest pain
	Apiaceae	G 1: 41	** 1	T C	
6	Centellaasiatica (L.) Urb.	Saraswathi Aku	Herb	Leaf	Anaemia
_	Apocynaceae				
7	Alstonia venenata R.Br.	Edakulapala	Shrub	Stem bark	Anthelmintic
8	Holarrhenapubescens Wall. ex G.Don	Palakodisa	Shrub	Bark	Asthma
9	Ichnocarpus frutescens (L.) W.T.Aiton	Palateega	Climber	Root	Epilipsy
0	Rauvolfia serpentina (L.) Benth. ex Kurz	Pathalagaridi	Herb	Root	Fever
1	Rauvolfia tetraphylla L.	Pathalagaridi	Herb	Root bark	Blood pressur
2	Wrightia tinctoria R.Br.	Ankudu	Tree	Latex	Asthma
	Araceae				
3	Acoru scalamus L.	Vasa	Herb	Rhizome	Cold
4	Amorphophallus paeoniifolius	Adavikandha	Herb	Corm	Bone fracture
	(Dennst.) Nicolson				
5	Arisaema tortuosum (Wall.) Schott	Dhammasaaru	Herb	Tuber	Headache
	Arecaceae				
6	Caryota urens L.	Jeeluga	Tree	Inflorescence	Aphrodisiac
7	Phoenix sylvestris (L.) Roxb.	Chiitieetha	Tree	Root	Asthma
۷,	Aristolochiaceae	Cimiticollia	1100	11001	ristima
28	Aristolochia indica L.	Gadidagadapaku	Climber	Root	Diarrhoea
20		Gadidagadapaku	Cililioei	Root	Diamiloca
9	Asclepiadaceae	Jilledu	Shrub	Root	Ctomooh moin
	Calotropis gigantea (L.) Dryand.				Stomach pain
0	Cryptolepis buchananii Roem. and Schult.	Palabaddu	Climber	Root	Diarrhoea
1	Gymnema sylvestre (Retz.) R.Br. ex Sm.	Podapatri	Climber	Root	Cobrabite
2	Hemidesmus indicus (L.) R. Br. ex Schult.	Sugandhipala	Climber	Root	Diarrhoea
3	Pergularia daemia (Forssk.) Chiov.	Dustaputeega	Climber	Leaf	Bone fracture
34	Tylophora indica (Burm. f.) Merr.	Mekameyaniaaku	Climber	Leaf	Asthma
	Asteraceae				
5	Eclipta prostrata (L.) L.	Guntagalagaraku	Herb	Whole plant	Acidity
6	Elephantopus scaber L.	Nelamarri	Herb	Root	Anthelmintic
7	Tridax procumbens (L.) L.	Gaddichamanthi	Herb	Leaf	Cuts
8	Vernonia cinerea (L.) Less.	Sahadevi	Herb	Seed	Leucorrhoea
9	Xanthium strumarium L.	Marulamatangi	Herb	Root	Boils
_	Barringtoniaceae		11010	11001	2 3110
0	Barringtonia acutangula (L.) Gaertn.	Kadapa Chettu	Tree	Leaf	Headache
U	Bignoniaceae	кадара Специ	1100	Leai	Treatuache
1	Oroxylum indicum (L.) Kurz	Domninggottu	Troo	Root bark	Antifertility
	Oτολγιαπι maicam (L.) Nuiz	Pampinacettu	Tree	KOOL Dark	Antherthity

Table 1: Contd....

G. S	p.Botanical/Family name	Common name	Habit	Parts	Disease
	Bombacaceae				
2	Bombax ceiba L.	Buruga	Tree	Leaf	Leucorrhoea
	Boraginaceae	C			
3	Coldenia procumbens L.	Hamsapadu	Herb	Whole plant	Cuts
	Burseraceae	1		1	
4	Garuga pinnata Roxb.	Kambha	Tree	Stem bark	Stomach pain
	Caesalpiniaceae				1
5	Bauhinia racemosa Lam.	Arichettu	Tree	Stem bark	Asthma
6	Bauhinia vahlii Wight andArn.	Addaku	Climber	Root	Dysentery
7	Caesalpinia bonduc (L.) Roxb.	Gachakaya	Shrub	Seed	Abortion
8	Cassia absus L.	Chanupala	Herb	flower	Asthma
9	Cassia alata L.	Tamaramokka	Herb	flower	Asthma
0	Cassia occidentalis L.	Kasinta	Herb	Root	Anthelmintic
1	Tamarindus indica L.	Chinta	Tree	Bark	Asthma
	Capparidaceae				
2	Capparis zeylanica L.	Aridonda	Shrub	Root bark	Earache
-	Combretaceae				
3	Terminalia arjuna (Roxb. ex DC.)	Tellamaddi	Tree	Bark	Asthma
_	Wight and Arn.				
4	Terminalia bellirica (Gaertn.) Roxb.	Thanechettu	Tree	fruit	Asthma
5	Terminalia chebula Retz.	Karakaya	Tree	fruit	Cough
_	Dioscoreaceae	11urunu ju	1100	11010	Cougn
56	Dioscorea bulbifera L.	Chedhadumpa	Climber	Root	Sterility
0	Ebenaceae	Спечничитри	Chinoci	Root	Sternity
7	Diospyros chloroxylon Roxb.	Bheedi	Tree	Leaf	Diarrhoea
8	Diospyros melanoxylon Roxb.	Thumiki	Tree	Stem bark	Cold
0	Euphorbiaceae	THUIIIKI	1100	Stem bark	Cold
9	Euphorbia hirta L.	Pachabottlu	Herb	Leaf	Dysentery
0	Jatropha curcas L.	Nepalam	Shrub	Latex	Burns
1	Mallotus philippensis (Lam.) Müll.Arg.	Sindhuram	Tree	fruit	Anthelmintic
2	Phyllanthus amarus Schumach. and Thonn.		Herb	Plant	Jaundice
3	Phyllanthus emblica L.	Usirichettu	Tree	Leaf	Bone fracture
3	Fabaceae	Oshichettu	1166	Leai	Bolle Hacture
4		Iridi	Tree	Stem bark	Fever
	Dalbergia latifolia Roxb.	Seetammajada	Herb	Leaf	Acidity
5	Desmodium gangeticum (L.) DC.	9	Tree		•
6	Erythrina suberosa Roxb.	Mullamoduga		Root	Dysentry
7	Mucuna acuminate Baker	Dhulagondi	Climber	Root	Dysmenorrhoe
8	Pongamia pinnata (L.) Pierre	Kanuga	Tree	Leaf	Cough
9	Pterocarpus marsupium Roxb.	Yegisa	Tree	Stem bark	Conception
0	Pueraria tuberosa (Willd.) DC.	Gummuduteega	Climber	Root	Ulcers
1	Tephrosia hirta Bojer	Vempali	Herb	Root	Fever
72	Zornia diphylla (L.) Pers.	Malam mokka	Herb	Whole plant	Diarrnoea
2	Lamiaceae	D 11 '	77 1	T (1	D
3	Leonotis leonurus (L.) R.Br.	Ranabheri	Herb	Inflorescence	
4	Ocimum basilicum L.	Thulasi	Herb	Seed	Diarrhoea
5	Ocimum tenuiflorum L.	Krishna Tulasi	Herb	Leaf	Conjunctivitis
6	Orthosiphon rubicundus (D.Don) Benth.	Nelatappidi	Herb	Root	Diarrhoea
_	Lauraceae	0 1	ъ .	***** 1 *	** 1 *
7	Cassytha filiformis L.	Savaralu	Parasite	Whole plant	
8	Litsea glutinosa (Lour.) C.B.Rob.	Naramamidi	Tree	Stem bark	Rheumatism
	Malvaceae			-	D "
9	Sida acuta Burm.f.	Ganneru	Herb	Root	Boils
80	Meliaceae	G 11	TD.	ъ.	ъ .
	Soymida febrifuga (Roxb.) A. Juss.	Somida	Tree	Root	Dysmenorrhoe
1	Mimosaceae	***	TD.	T C	A 11
1	Azadirachta indica A.Juss.	Vepa	Tree	Leaf	Allergy
2	Mimosa pudica L.	Nidraganneru	Herb	Root	Epilepsy
3	Xylia xylocarpa (Roxb.) Taub.	Kondatangedu	Tree	Root	Gonorrhoea

Table 1: Contd....

G. Sp. Botanical/Family name		Common name	Habit	Parts	Disease
	Moraceae				
84	Ficus benghalensis L.	Marri	Tree	Leaf	Boils
85	Ficus racemosa L.	Juvvi	Tree	Stem bark	Diarrhoea
36	Streblus asper Lour.	Rugechettu	Tree	Stem bark	Diarrhoea
	Ranunculaceae				
37	Naravelia zeylanica (L.) DC.	Pullabatchala	Climber	Leaf	Cold
	Rhamnaceae				
88	Ziziphus abyssinica Hochst. exA.Rich.	Parimi	Climber	Root	Chest pain
89	Ziziphus rugosa Lam.	Konda Regu	Tree	Leaf	Diabetes
	Rubiaceae				
90	Adina cordifolia (Roxb.) Hook. f.	Kambachettu	Tree	Stem bark	Leucorrhoea
91	Ixora pavetta Andr.	Ramabanam	Shrub	Stem bark	Jaundice
92	Pavetta indica L.	Papidi	Shrub	Leaf	Blisters
93	Rubia cordifolia L.	Mangalikatthi	Herb	Root	Stomach pair
94	Tarenna asiatica (L.) Kuntze	Kommi	Shrub	Stem bark	Dysentery
	Solanaceae				
95	Datura stramonium L	Ummeta	Shrub	Root	Asthma
96	Solanum nigrum L.	Kamanchi	Herb	Whole plant	Gonorrhoea
97	Solanum surattense Burm. f.	Mullavnga	Herb	Root bark	Jaundice
	Sterculiaceae				
98	Helicteres isora L.	Chamalanara	Shrub	Fruit	Dysentery
99	Sterculia urens Roxb.	Kovelachettu	Tree	Root	Antifertility
	Zingiberaceae				•
00	Curcuma longa L.	Pasupu	Herb	Rhizome	Rheumatism
01	Zingiber officinale Roscoe	Allamu	Herb	Rhizome	Dyspepsia
102	Zingiber roseum (Roxb.) Roscoe	Adaviallum	Herb	Root	Leucorrhoea

eases in the area. In the present study, 102 different species have been reported to treat 42 different ailments like digestive tonic, abortion, acidity, allergy, anaemia, anasarca, anthelmintic, antifertility, aphrodisiac, asthma, blisters, blood pressure, boils, bone fracture, breast pain, burns, chest pain, cobrabite, cold, conception, conjunctivitis, cough, cuts, diabetes, diarrhoea, dysentery, dysmenorrhoea, dyspepsia, earache, epilepsy, fever and gonorrhoea. During the study, data will be collected on local residents utilisation of plant biomass resources, especially for medicinal purposes.

In the present investigation, *Holarrhena pubescens* Wall.ex. GDon, *Tamarindus indica* L., *Terminalia arjuna* (Roxb. Ex. DC.) Wight and Arn., *Cassia absus* L., *Cassia alata* L., *Terminalia bellirica* (Gaertn.) Roxb., *Wrightia tinctoria* R. Br., *Tylophora indica* (Burm. f.) Merr., *Datura stramonium* L., *Phoenix sylvestris* (L.) Roxb., *Andrographis paniculata* (Burm.f.) Nees and *Bauhinia racemosa* plants were used for curing asthma. Similarly, for curing asthma from Paderu division (Padal et al. 2010) local tribes used *Aristolochia indica* L. *Bacopa monnieri* (L) Wettst, *Balanites aegyptica* Del, and *Biophytum sensitivum* DC plants.

The given practices have been followed by the different vaidhyas of this forest since generations, and they have acquired the knowledge of these practices from their ancestors. For example, the roots of Rauvolfia serpentine were used to treat snake bites. Similarly, the most common plants used in general purposes are Caryota urens and Madhuca longifolia for the preparation of tea-like beverages, leaves of Chloroxylon swietenia for the preparation of food and Andrographis paniculata for their anti-alcoholic activity. These interesting findings of the present study were crosschecked several times with the help of vaidhyas and some local bodies. The use of forty medicinal plants for the treatment of dysentery has previously been reported (Prayaga Murthy et al. 2012) and the plants used in the present study for dysentery and diarrhoea are Aristolochia indica L., Cryptolepis buchananii Roem. and Schult, Hemidesmus indicus (L.) R. Br. ex Schult., Bauhinia vahlii Wight and Arn., Diospyros chloroxylon Roxb., Euphorbia hirta L., Erythrina suberosa Roxb, Zornia diphylla (L.), Pers. Ocimum basilicum L., Orthosiphon rubicundus (D.Don) Benth., Ficus racemosa L., Streblus asper Lour., Tarenna

asiatica (L.), Kuntze ex K. Schum and Helicteres isora L.

The presence of many herbs in the study area might be a sign of their abundance, as well as the fact that they are readily available near households and are more effective in treating ailments in comparison to other forms of growth (Singh et al. 2012). The results are in line with other ethnomedicinal studies conducted in other regions of North Coastal Andhra Pradesh (Satyavathi and Padal 2018; Chandravathi et al. 2020). A study was conducted on the tribes of Srikakulam district to identify the species responsible for leucorrhoea problems in the area and found a total of 31 species belonging to 27 families (Satyavathi et al. 2015). The Visakhapatnam District has 455 ethnomedicinal plants reported for treating various diseases used by local tribes (Padal et al. 2010). The prevalence of traditional medicine for primary healthcare has increased from eighty percent to ninety percent in recent years (Rai et al. 2000; Anzar et al. 2007; Jan et al. 2020).

CONCLUSION

All remaining frameworks of medicine can be traced back to ethnomedicine. Generally, the significance of some of these conventional medications has been recognised worldwide since they turned out to be incredibly powerful and have different solutions that might be useful for mankind when a comprehensive logical examination is directed into their properties. By an assortment of factors, including formative exercises, population explosions and other anthropogenic factors, the restorative plants utilised in the neighbourhood wellbeing customs are continuously being wiped out.

RECOMMENDATIONS

On the basis of the experience of the present study some recommendations are as follows. Herbal gardens should be developed in tribal areas of Vizianagaram District. The government of Andhra Pradesh should encourage the tribe for cultivation and management practices of medicinal plants in their localities instead of collecting them from the forest areas.

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